

Nightingale Walking Group

Tuesdays

2.00pm - 3.00pm

**Meet @ Nightingale
GP Practice**



Join one of our weekly walks for
some exercise, fresh air, and
good company . For more
information contact:

**togetherbetter.nightingale@nhs.net
07305 617 421**

**THE NIGHTINGALE PRACTICE
10 KENNINGHALL ROAD,
LONDON, E5 8BY**

**TOGETHER
BETTER
@ VCHACKNEY**

NHS

**City and Hackney
Clinical Commissioning Group**