



**City & Hackney  
GP Confederation**  
A community interest company

**Are you, or do you know, a  
young person aged 6–19 who is  
caring for a family member?**

**HACKNEY YOUNG CARERS CAN HELP WITH  
SUPPORT, ADVICE AND ADVOCACY**

- **Individual and group support**
- **Trips and activities**
- **Help in accessing specialist services**
- **A place to meet other young carers**

**For more information ask your GP or Nurse or contact:**

**HACKNEY YOUNG CARERS PROJECT**

**Telephone 020 8356 4800**

**[www.younghackney.org/advice/young-carers/](http://www.younghackney.org/advice/young-carers/)**

*Please note this is for Hackney residents only*